

# TearLab<sup>®</sup> Diagnostic Test

Add data  
to your  
insights.

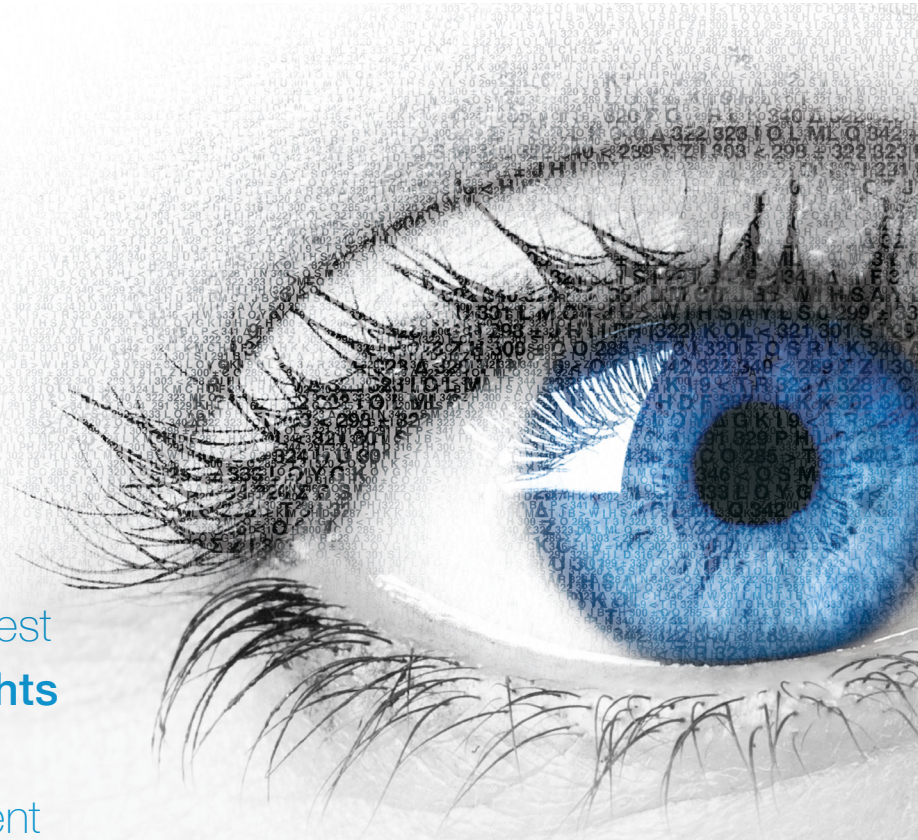
The TearLab Diagnostic Test provides **objective insights** to **better inform** your diagnosis and management of the ocular surface.

## Quantitative Data for Your Ocular Surface Assessment

- 🔗 A healthy ocular surface is essential for good vision.
- 🔗 Since 70% of the total refractive power occurs at the tear film surface<sup>1</sup>, it is essential to evaluate the tear film when managing ocular surface disease.
- 🔗 Tear osmolarity is an important biomarker of ocular surface health.

“Dry eye is a multifactorial disease of the ocular surface characterized by a loss of homeostasis of the tear film, and accompanied by ocular symptoms, in which **tear film instability and hyperosmolarity, ocular surface inflammation and damage, and neurosensory abnormalities play etiological roles.**”<sup>2</sup>

- TFOS DEWS II

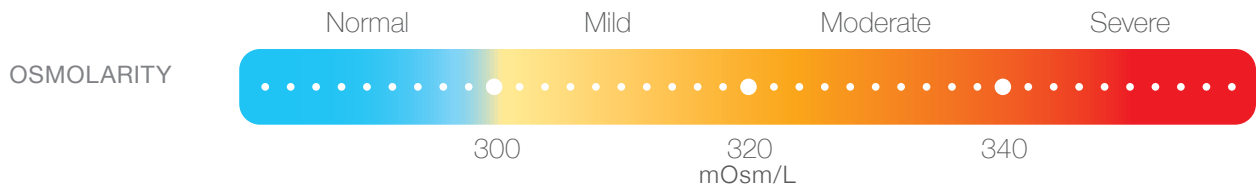


# Diagnose

## Test the osmolarity of both eyes.

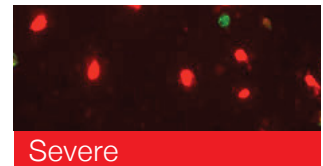
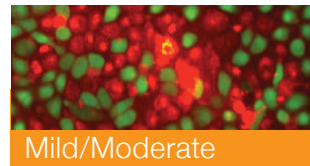
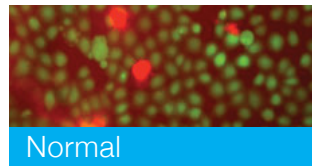
ABNORMAL  
OSMOLARITY  
IS DEFINED BY:

- ⚠ An elevated reading,  $>300$  mOsm/L, indicating loss of homeostasis.<sup>3</sup>
- ⚠ OR, When the inter-eye difference is  $>8$  mOsm/L, indicating instability of the tear film.<sup>3</sup>



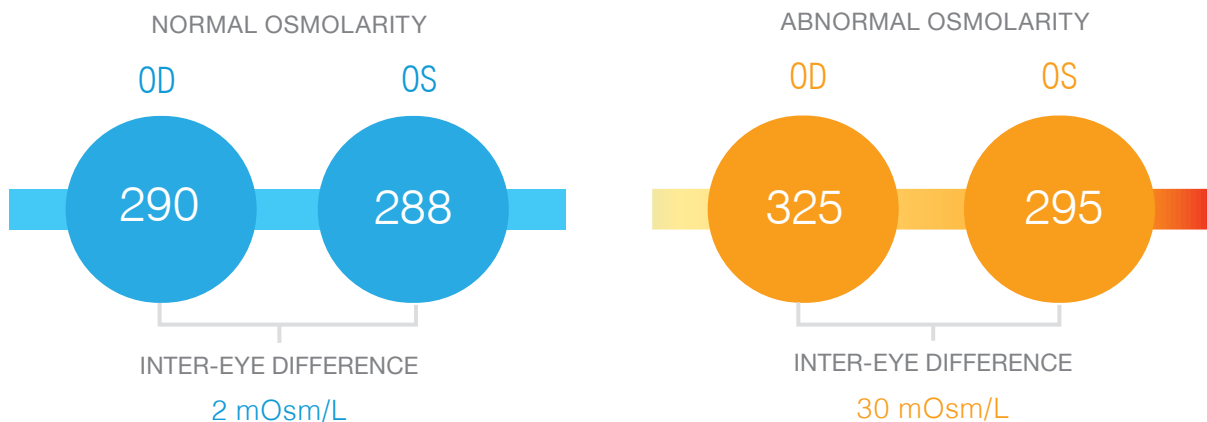
## Relationship between osmolarity and ocular surface health

EPITHELIAL  
CELL HEALTH



- ⚠ Abnormal osmolarity indicates an unhealthy tear film, which can potentially damage the ocular surface and cornea.<sup>4</sup>
- ⚠ Left undiagnosed and untreated, epithelial cell death and visual fluctuations can occur.<sup>4</sup>

## Tear osmolarity is informative when the results are abnormal or normal.

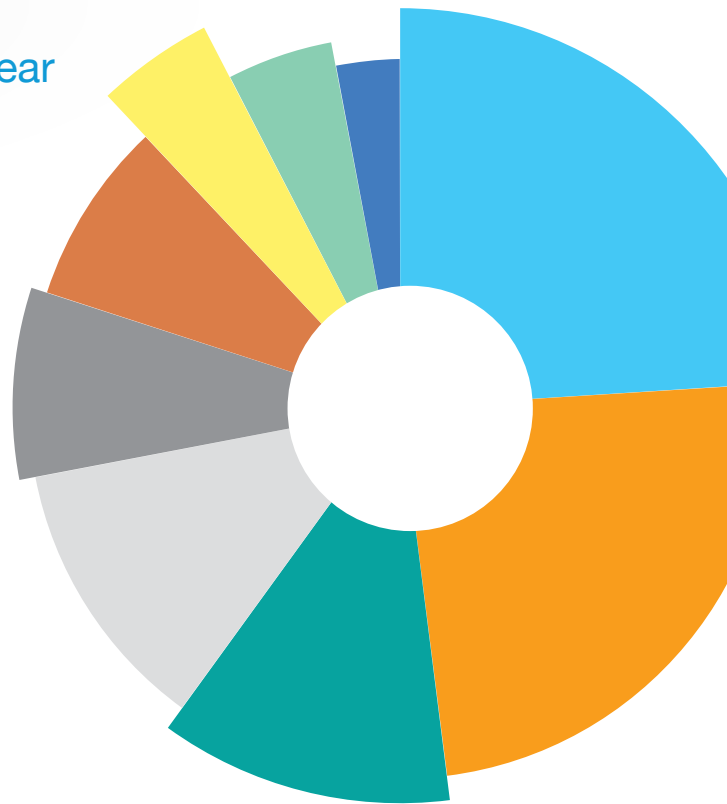


## A symptomatic patient with normal tear osmolarity may not have dry eye.

In a prospective observational study<sup>5</sup> of 50 symptomatic patients with normal tear osmolarity, the most frequent diagnoses included:

- Allergic conjunctivitis (24%)
- Conjunctivochalasis (8%)
- Anterior blepharitis (24%)
- Computer vision syndrome (6%)
- EBMD (12%)
- Trichiasis (6%)
- Keratoneuralgia (12%)
- Dry eye disease with effective therapy (4%)
- Contact lens intolerance (8%)

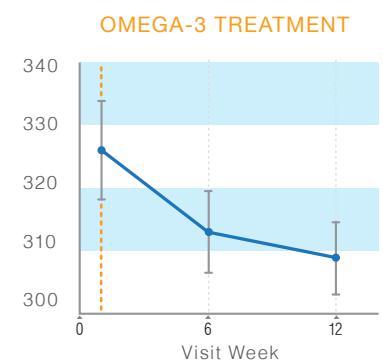
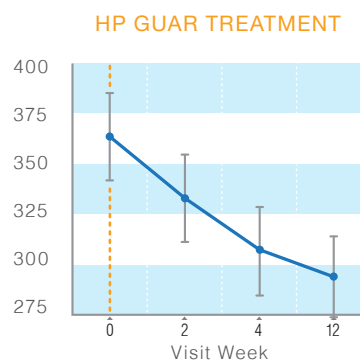
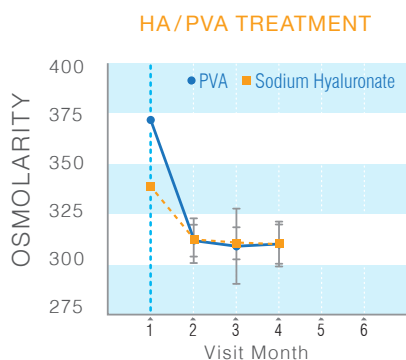
*Eleven patients (22%) had more than 1 diagnosis present, hence why percentages do not add to 100%*



# Manage

Use TearLab osmolarity data to better inform your treatment plan based on disease severity and manage patient progress by evaluating therapeutic effectiveness.<sup>6-8</sup>

Abnormal osmolarity decreases with effective treatment.



# TearLab<sup>®</sup> Diagnostic Test



The point-of-care TearLab Diagnostic Test provides precise and predictive quantitative information.

## PRECISE:

More precise than other universally accepted point-of-care tests such as cholesterol and glucose.<sup>9-11</sup>

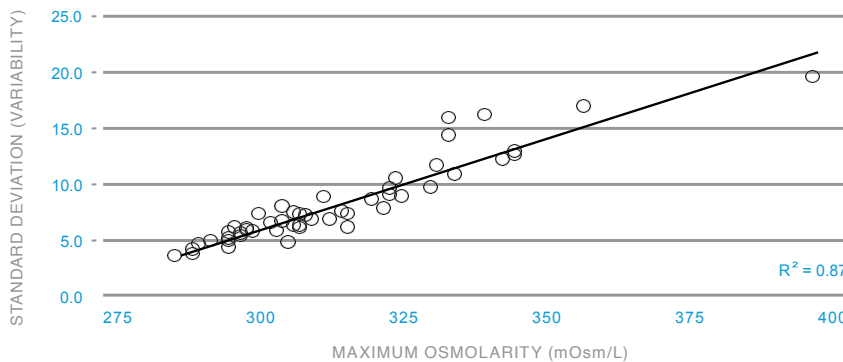
Clinical Test	CV
<b>Osmolarity</b>	<b>&lt; 1.5%</b>
Glucose	≥ 5.0%
Cholesterol	> 4.0%

## PREDICTIVE:

89%

predictive of dry eye<sup>12</sup>

## Variability is a hallmark of the disease.<sup>13</sup>



The greater the osmolarity, the greater the variability.

Add data to your insights.  
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### References

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